

GLUTEN FREE MENU

or rye)



Tandoori (Specialties from Gaylord's traditional Charcoal Clay	_ rpit)
TANDOORI MURG Spring Chicken marinated in spiced yogurt and over a half-a-dozen seasonings, then delicately roasted	11 (Half) 18 (Full)
SEIKH KABAB Deliciously spiced skewered rolls of minced lamb	18
TANDOORI MIX GRILL An assortment of tandoori chicken, seikh kabab, malai chicken & mahi tikka	16
MALAI KABAB Chunks of chicken breast marinated in a spiced cream cheese mixture and cooked	16
CHICKEN TIKKA Chunks of boneless chicken marinated in spices & roasted with bell peppers, onions & tomatoes	15
MAHI TIKKA Marinated chunks of expertly-seasoned fish, cooked to perfection	18
PANEER SHASLIK Homemade cheese with bell peppers & onions marinated in Indian spices	14
VEG SHASLIK Seasoned fresh vegetables marinated in spiced cream cheese, mixtured & roasted(10pcs.)	14
TANDOORI KHUMB ALOO Marinated mushrooms and potatoes grilled to perfection	12
Chicken	
MURG MAKHANI Boneless pieces of tandoori chicken, cooked in butter, seasonings, and fresh tomato puree	16
CHICKEN TIKKA MASALA Tender tandoori-cooked boneless chicken curried in a special sauce	16
MURG BHUNA Boneless chicken pieces cooked in a hearty spiced onion gravy	16
KARAHI CHICKEN Delicately seasoned chicken cooked with tomato, onion, ginger, green chillis & coriander	16
CHICKEN VINDALOO Boneless chicken cooked in a hot and tangy gravy with potatoes	16
SAAG CHICKEN Fresh spinach and chicken sautéed in a curry sauce	16
MURG BADAM PASANDA Delicately seasoned chicken with almonds, in cream sauce, the food of royalty!	16
CHICKEN GAYLORD Marinated chicken tenderly cooked over low heat with bell peper, onion & spices	16
Seafood	
SHRIMP MASALA Jumbo prawns, halved and slowly cooked in a rich tomato sauce, blended with spices	18
SHRIMP PEPPER MASALA Jumbo prawns sautéed in butter & blended with rich curry sauce & garden fresh bell peppe	18 er
KERALA FISH CURRY A South Indian delicacy! Fish fillet slowly	18

A South Indian delicacy! Fish fillet slowly

Prawns cooked in onion gravy with touch

18

simmered in a seasoned coconut sauce

SHRIMP BHUNA

of spices & tomatoes

(Contains no wheat, ban	
<u> Lamb</u>	
ROGAN JOSH Tender chunks of lamb, delicately cooked in a tomato-onion seasoned gravy	18
GOSHT PASANDA Seasoned blend of lamb in a hearty, onion based gravy with cream sauce	18
LAMB VINDALOO Lamb cooked in a hot and tangy sauce. A South Indian specialty!	18
LAMB BHUNA Roasted chunks of lamb cooked in a dry onion curry sauce	18
LAMB KADAI Tender pieces of lamb cooked wih giner, toma ion, green chilis & curriander in an Indian Iro	
SAAG MEAT Delicately seasoned fresh spinach, cooked with chunks of lamb in gravy	18
LAMB GAYLORD Marinated lamb tenderly cooked over low heat with bell peper, onion & spices	18
<u>Vegetarian</u>	
VEGETABLE MAKHANI Assorted garden fresh vegetables in creamy butter and tomato sauce	14
MUTTER PANEER Chunks of homemade cheese cooked with green peas in mild curry	14
SAAG PANEER Delicately-flavored fresh spinach cooked with chunks of homemade cheese. An exotic delignment of the cooked with the chunks of homemade cheese.	
CHANNA PINDI Tender chick-peas, cooked and simmered in fresh tomato sauce and numerous spices	12
ALOO BENGAN Cubes of fresh eggplant and potatoes slowly simmered in rich seasoned curried sauce	11
BOMBAY ALOO Potatoes sauteed with cumin seeds, spices, and fresh cilantro	10
BHINDI Tender lightly deep-fried okra with fresh sauteed tomatoes and onions	12
BENGAN BHARTHA Tender mashed eggplant blended with sauteed onions, and tomatoes	13
PANEER BHURJI Shredded homemade cheese with spices in a dry cream sauce	14
YELLOW DAL Thick lentil soup made of moong chana dal sauteed with spices	12
DAL MAKHANI Delicately-simmered blend of assorted lentils cooked in butter and cream	12
PANEER PASANDA Chunks of homemade seasoned cheese cooked in cream sauce and almonds	14

ALOO DAHI WALA

yogurt based sauce

cheese and green peas

PANEER MAKHANI

PANEER GAYLORD

Potatoes cooked with cumin seeds in a

Fennil leaves cooked with grated cottage

Chunks of homemade cheese cooked in

Chunks of homemade cheese tenderly cooked

over low heat with bell peppers, onion and spice

a creamy butter and tomato sauce

METHI MUTTER MALAI

11

14

16

14

	Vegetarian contd.	
Seasor	PALAK ned spinach & lentils d to perfection	12
ALO	O MAKHANI es in tomato-cream sauce	11
SAAC	GALOO	11
	ed fresh spinach and potatoes NDI TADKA	12
	i(Okra) sauted with fresh & spices	
	HAI SAAG rd fresh spinach sauteed in wok	12
A mou	O GOBHI tth-watering blend of cauliflower and es seasoned to perfection	12
SHIM Blend	ILA ALOO of potatoes, bell pepper & tomato	11
SAAC	G CORN ed fresh spinach cooked with corn	12
NAVI	RATTAN KORMA	12
	ment of garden fresh carrots, peas, es, and bell pepper delicately cooked	in
	'A (Yogurt Recipes) ucumbers	4
	<u>Biriyani</u> (Savory Rice Dishes)	
	HJAHANI poked with boneless chicken ices	14
	WALE CHAWAL th and basmati rice	12
Saffron	HT BIRIYANI n rice cooked with tender chunks of la and curry	18 mb
Aroma	A RICE ttic basmati rice cooked with seeds, cardamom and cloves	4
	RATTAN BIRIYANI ti rice cooked with garden-fresh bles	12
Richly	TER PULAO -aromatic rice cooked with fresh saffron, cloves and cardamom	6
Basma	MP BIRIYANI ti rice cooked with shrimp and tic spices	18
WHI	ΓΕ RICE ti rice boiled to perfection	4
	<u> Pcsscrts</u>	
	MALAI made cheese patties in sweetened crea	5 m
	GO KULFI of lavored unchumed ice cream	5
PUNJ	JABI KHEER Rice Pudding	4
PIST	A KULFI imed ice cream with fresh pistachio an	5
ORA	NGE KULFI y orange ice cream served in an orange	6 shel

Beverages

2

2

3

4

3

4

5

TEA

COFFEE / DECAF

MANGO LASSI

MANGO SHAKE

INDIAN SPICED TEA

Mango flavored yogurt drink

STRAWBERRY LASSI

Yogurt drink (sweet/salted/plain)